

Fatemeh

Volunteer Story

Fatemeh has been volunteering with Healthwatch Birmingham since 2014 as a Community Engagement Volunteer.

“I have really enjoyed volunteering and being able to reach out to vulnerable people who are left behind in our society; listen to their experiences and enable their voice to be heard by decision makers,” Fatemeh explains.



Fatemeh was initially drawn into this role as it was highly relevant to her Public Health studies; she wanted to gain relevant work experience and develop her practical skills. “As well as improving my career prospects, I have also improved my communication, active listening and problem-solving skills, whilst talking to the general public about their sensitive experiences of using different health and social care services.”

Fatemeh says that the best thing about volunteering has been feeling that she has been able to help others:

“I would highly recommend volunteering with Healthwatch Birmingham to those who are interested in doing something positive for their communities. It is a great place to work alongside professional people and spend one’s spare time to make a difference in people’s lives.”

Community engagement volunteers help us engage with diverse individuals and communities to listen to their experiences of health and social care in Birmingham.

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