

Diabetes Education: Have your say

Diabetes is the fastest growing health threat of our time. It's a common condition that affects over 4 million people in the UK, with around 700 people being diagnosed a day.

The National Institute of Clinical Excellence (NICE) recommends that every newly diagnosed diabetic patient should be given the opportunity to manage their condition by attending learning sessions. Despite their recommendations, data from the charity 'Diabetes UK' shows that only a small number of newly diagnosed patients are provided with a place on a diabetes education course. This is a great concern to us.

It's very important for patients to learn about their condition, how it affects their bodies, and to manage their condition so they can lead as normal, healthy life as possible and avoid complications.

Take a look at the 'Taking Control' campaign page on the Diabetes UK website:

https://www.diabetes.org.uk/get_involved/campaigning/taking-control

Help us to help other diabetes patients

We would like to invite you to participate in an informal group chat (for no longer than two hours) to listen to your thoughts and experiences. It will be a relaxed environment and we'll also provide refreshments.

Our aim is to learn from your experiences

We'll discuss a range of questions such as:

- Was a diabetes education programme offered to you?
- If so, did it meet your needs? If not, why?
- How do you believe education programmes could be improved?

The information gained from these discussion groups will help us understand where we can make improvements to better meet the needs of patients.

If you are able to spare some of your time to participate in a focus group, we are holding four separate group sessions:

- **17th October, 10.00am , Pinset Mason Room 2, Midland Art Centre, Cannon Hill Park, Birmingham B12 9QH**
- **17th October, 14.00pm , Pinset Mason Room 2, Midland Art Centre, Cannon Hill Park, Birmingham B12 9QH**
- **18th October, 10.00am , Room 3, Saffron Centre, 256 Moseley Road Highgate Birmingham B12 OBS**
- **18th October, 14.00pm , Room 3, Saffron Centre, 256 Moseley Road Highgate Birmingham B12 OBS**
- **27th October, 10.00am , Washwood Heath Health & Wellbeing Centre, Clodeshall Road, Birmingham B8 3SN**

- **27th October, 14.00pm , Washwood Heath Health & Wellbeing Centre,
Clodeshall Road, Birmingham B8 3SN**

To book a place, please register on [eventbrite - Have your say](#)

Thank you.